

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Weekly Fitness Schedule</p> <p>9am-1pm Table Tennis-RSF 3pm-5pm Water Volleyball (Open Play)-RSF</p> <p>Fitness Center Hours</p> <p>The Palms Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p>Riviera Spa & Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p>	<p>8am Group Barbell-PA 8am Tabata H2O-RSF 9am Group Barbell-PA 9am Splash & Tone-RSF 9am Total Body Toning Exercise-RSF 10am Low Impact Aerobics-RSF 10:15am Breathe, Stretch & Relax-PA 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:30am Drums Alive! Chair Exercise-RSF 11:30am H.I.I.T. Cardio Body Blast-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 3:45pm Fit Body Circuit-PA 4pm-6pm Open Lap Swimming-RSF 4:15pm Gentle Chair Yoga-RSF 6pm Muscle Ignite-PA 6pm Relaxation Yoga-RSF 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>7:45am Express Total Body Sculpt-RSF 8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Body Sculpting-RSF 9am Splash & Tone-RSF 9am Zumba Step-PA 10:15am Barre-RSF 10:15am Zumba Toning-PA 11:30am Aqua Zumba-RSF 11:30am Cardio Ballroom-PA 12:30pm Intermediate Line Dance-RSF 12:45pm Pilates-PA 1:30pm Advanced Line Dance-RSF 2pm Beginning Tai Chi-PA 2:30pm Balance Training-RSF 3pm Intermediate Tai Chi-PA 3:45pm-6pm Table Tennis (Open Play)-RSF 4pm Aqua Ignite-RSF 5pm-6:30pm Open Lap Swimming-RSF 6:45pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8am Body Sculpting-PA 9am Aqua Zumba-RSF 9am Body Alive-RSF 9:15am Step Class-PA 10:30am Core & More-PA 10:30am Breathe, Stretch & Relax-RSF 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am IGNITE! Cardio H.I.I.T. Party-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Belly Dancing-PA 2pm Joint Relief (Aqua)-RSF 3:15pm Beg. Balance Training-PA 5pm-8:45pm Water Volleyball (League Play)-RSF 6pm Yoga-PA 7pm Muscle Conditioning-RSF</p>	<p>8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Boot Camp-PA 9am Splash & Tone-RSF 9am Total Body Conditioning-RSF 10am Swim Lessons Level 1-RSF** 10:15am Breathe, Stretch & Relax-RSF 10:15am Yogabeat-PA 10:45am Swim Lessons Level 2-RSF** 11:30am Cardio Ballroom-PA 11:30am Gentle Joints (Land Based)-RSF 11:30am Splash & Tone-RSF 1pm Beginner Line Dance-PA 2pm Ballroom Dancing (Beg.) (7/19-8/16)-PA* 2pm-4pm Open Lap Swimming-RSF 2:30pm Balance Training-RSF 3pm Ballroom Dancing (Int.) (7/19-8/16)-PA* 4pm-6pm Table Tennis (Open Play & Instruction)-RSF 6pm Hatha Yoga-PA 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8:30am Splash & Tone-RSF 8:45am Yoga-PA 9:45am Body Sculpting-RSF 10:45am Cardio Kickboxing-PA 10:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am Drums Alive-RSF 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 2pm-6pm Table Tennis (Open Play)-RSF 3:45pm Power Trip-PA 4pm Aqua Ignite-RSF</p>	<p>8am Foam Rolling-PA 8:30am Body Alive-PA 9am Dual Aqua Craze-RSF 9am Yoga Flow-RSF 9:30am Yogabeat-PA 10:15am Barre & Pilates Fusion-RSF 10:30am Zumba Combo-PA 11am Tai Chi-RSF 12:30pm Everybody Steps-RSF 3pm-5pm Water Volleyball (League Play)-RSF</p>

*Small fee for Ballroom classes. Please call 863-427-7130 for more information.

**Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit swimfallc.fullslate.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Village Center Hours</p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer & Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p>	<p>Room Legend</p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library LV Lago Vista Amenity Center MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room</p>	<p>Room Legend Cont.</p> <p>MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (R2R) Resource Center RSF Riviera Spa & Fitness Center RSF2 Riviera Spa & Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion</p>	<p>1</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Main Ticket Sales-ST 9am Solivita Shuffleboard-FP 9:30am Scarlet Chapeaux-MSA 10am Beg. Watercolor-AR 10am Yarners-MSB 11am Sculpture-CR 11:30am Men's Softball Clinic-FP 12pm-4pm Skin Cancer Screenings with Daystar Skin & Cancer Center-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm Big Money Bingo-ST 6pm-9pm Karaoke-AR</p>	<p>2</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 2pm Wine & Canvas Paint Party-AR 4:30pm Solivita Billiards Club-BL 6pm Solivita Wii Bowlers-RSF2 6pm Wine & Canvas Paint Party-AR 6:30pm Pinochle-MSB 7pm Movie Night: Molly's Game-ST</p>	<p>3</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR</p>	<p>4</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10:30am Disney Cast Members Meeting-PA 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>5</p> <p>1pm Solivita Singles Club-RSF2 1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>6</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 6:45pm Ladies Poker-MSA 7pm CERT-RSF2 7pm-9pm Trivia-ST</p>	<p>7</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am Pickleball Clinic-PA 10am Solivita Dragon Boat Paddle Clinic-By Deck Boxes 10am TOPS in Solivita-MSB 1pm Watercolor Class-AR 2pm Bunco-RSF2 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA</p>	<p>8</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Beg. Watercolor-AR 10am Wellness Lecture: Your Prescription for Skin Care with Riviera Spa Massage-RSF2 10am Yarners-MSB 11am Sculpture-CR 2pm Wellness Lecture: Pets & Hurricanes with Bellalago Vet Clinic-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm-9pm Karaoke-ST</p>	<p>9</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 10am Wellness Lecture: Medicare Workshop #1-PA 1pm Stained Glass Class-AR 4:30pm Solivita Billiards Club-BL 6pm Solivita Wii Bowlers-RSF2 6:30pm Pinochle-MSB 7pm Movie Night: Chappaquiddick-ST</p>	<p>10</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 7pm Solid Gold Bandstand Show-ST</p>	<p>11</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 9:15am SOB's Couples Ride-MB 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>12</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>13</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 10am Solivita Artisan Guild-AR CANCELLED 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 6:45pm Ladies Poker-MSA 7pm La Dolce Vita-RSF2 7pm-9pm Trivia-ST</p>	<p>14</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am Pickleball Clinic-PA 10am R2R Resource Center: How to Get the Most from Your Android Phone-MSA 10am TOPS in Solivita-MSB 12:30pm CAP-RSF2 3pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 7pm BIHC-RSF2</p>	<p>15</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Beg. Watercolor-AR 10am Wellness Lecture: Understanding Joint Paint with Poinciana Medical Center-RSF2 10am Yarners-MSB 11am Sculpture-CR 11:30am Men's Softball Clinic-FP 2pm Wellness Lecture: Golf Lecture with Peter Piatasik-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm-9pm Karaoke-ST</p>	<p>16</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 4:30pm Solivita Billiards Club-BL 6pm Solivita Wii Bowlers-RSF2 6:30pm Pinochle-MSB 7pm Movie Night: The Leisure Seeker-ST</p>	<p>17</p> <p>Fall Community Garden Application Due</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR</p>	<p>18</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Golf Cart Rally 2.0-Meet Outside ST 9am Solivita Shuffleboard Club-FP 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>19</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Big Money Bingo-ST 6pm Cribbage Club-GTR</p>	<p>20</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 6:30pm AHCC Members Only Game Night-MSB 6:45pm Ladies Poker-MSA 7pm-9pm Trivia-ST</p>	<p>21</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am Pickleball Clinic-PA 10am TOPS in Solivita-MSB 2pm Bunco-RSF2 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 6:30pm Solivita Sorcerers-MSB</p>	<p>22</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Beg. Watercolor-AR 10am Wellness Lecture: Knee Pain with Relevé Sports Medicine-RSF2 10am Yarners-MSB 11am Sculpture-CR 2pm Wellness Lecture: Hip & Knee Replacement with Messiah Orthopedics-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm-9pm Karaoke-ST</p>	<p>23</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 2pm AHCC Page Turners-RSF2 4:30pm Solivita Billiards Club-BL 6pm Solivita Wii Bowlers-RSF2 6:30pm Pinochle-MSB 7pm Movie Night: I Feel Pretty-ST</p>	<p>24</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 11am-2pm Pink Flamingo Pool Party-PA Pool (KIDS WELCOME 12PM-2PM) 12pm Oh Scrap!-CR 1pm Basics of Defense Bridge Class-RSF2</p>	<p>25</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 9:15am SOB's Couples Ride-MB 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>26</p> <p>1:30pm Newplicate Bridge-MSA 1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>27</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4pm-7:30pm Curbside Cuisine-FP 4:30pm Solivita Billiards-BL 6:45pm Ladies Poker-MSA 7pm-9pm Trivia-ST</p>	<p>28</p> <p>8am Horseshoes Club-FP 8:20am SOB's Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am TOPS in Solivita-MSB 10:30am AHCC Executive Board Meeting-MSA 3pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 7pm Guys and Dolls-ST 7pm Solivita Older Bikers Meeting-MSB</p>	<p>29</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Newsletter Assembly-ST 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Beg. Watercolor-AR 10am Wellness Lecture: Ask a Lawyer with The Wilson Advocacy Group-RSF2 10am Yarners-MSB 11am Sculpture-CR 4pm, 5pm & 6pm Greeting Cards-CR 6pm-9pm Karaoke-ST</p>	<p>30</p> <p>8am Horseshoes Club-FP 8:30am SOB's Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 4:30pm Solivita Billiards Club-BL 6pm Solivita Wii Bowlers-RSF2 6:30pm Pinochle-MSB 7pm Movie Night: The Miracle Season-ST</p>	<p>31</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR</p>	