



# May 2018

AR Aerobics Room  
 IP Indoor Pool  
 FC Fitness Center  
 OP Outdoor Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:00 AR Jazzercise 9:00 IP AquaFit	2 7:00 IP Water Aerobics 9:15 AR Total Body Conditioning	3	4 9:00 IP AquaFit	5 8:30 IP Water Aerobics
6	7 8:30 IP Water Aerobics 9:15 AR Total Body Conditioning	8 9:00 IP AquaFit	9 7:00 IP Water Aerobics 9:15 AR Total Body Conditioning	10	11 9:00 IP AquaFit	12 8:30 IP Water Aerobics
13	14 8:00 AR Jazzercise 8:30 OP Water Aerobics 9:15 AR Total Body Conditioning	15 8:00 AR Jazzercise 9:00 IP AquaFit	16 7:00 IP Water Aerobics 8:00 AR Jazzercise 9:15 AR Total Body Conditioning	17 8:00 AR Jazzercise 3:30 FC Equipment Orientation (Bob)	18 8:00 AR Jazzercise 9:00 IP AquaFit	19 8:30 IP Water Aerobics
20	21 8:00 AR Jazzercise 8:30 IP Water Aerobics 9:15 AR Total Body Conditioning 1:00 FC Equipment Orientation (Maggie)	22 8:00 AR Jazzercise 9:00 IP AquaFit	23 7:00 IP Water Aerobics 8:00 AR Jazzercise 9:15 AR Total Body Conditioning	24 8:00 AR Jazzercise	25 8:00 AR Jazzercise 9:00 IP AquaFit	26 8:30 IP Water Aerobics
27	28 <b>Memorial Day</b> 8:00 AR Jazzercise 8:30 IP Water Aerobics 9:15 AR Total Body Conditioning	29 8:00 AR Jazzercise 9:00 IP AquaFit	30 7:00 IP Water Aerobics 8:00 AR Jazzercise 9:15 AR Total Body Conditioning	31 8:00 AR Jazzercise		