

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Weekly Fitness Schedule</b></p> <p><b>9am-1pm</b> Table Tennis-RSF <b>3pm-5pm</b> Water Volleyball (Open Play)-RSF</p> <p><b>Fitness Center Hours</b></p> <p><b>The Palms Fitness</b> Monday-Thursdays 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p><b>Riviera Spa &amp; Fitness</b> Monday-Thursdays 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p>	<p><b>8am</b> Group Barbell-PA <b>8am</b> Tabata H2O-RSF <b>9am</b> Group Barbell-PA <b>9am</b> Splash &amp; Tone-RSF <b>9am</b> Total Body Toning Exercise-RSF <b>10am</b> Low Impact Aerobics-RSF <b>10:15am</b> Breathe, Stretch &amp; Relax-PA <b>10:30am</b> Swim Lessons Level 1-RSF** <b>11:15am</b> Swim Lessons Level 2-RSF** <b>11:30am</b> Drums Alive! Chair Exercise-RSF <b>11:30am</b> H.I.I.T. Cardio Body Blast-PA <b>1pm</b> Zumba-PA <b>1pm</b> Zumba-RSF <b>2pm</b> Joint Relief (Aqua)-RSF <b>4pm-6pm</b> Lap Swimming-RSF <b>4:15pm</b> Gentle Chair Yoga-RSF <b>6pm</b> Relaxation Yoga-RSF <b>6:30pm-8:45pm</b> Water Volleyball-RSF</p>	<p><b>7:45am</b> Express Total Body Sculpt-RSF <b>8am</b> TRX Suspension Training-PA <b>8am</b> Walk &amp; Tone (Indoor Track)-RSF <b>9am</b> Body Sculpting-RSF <b>9am</b> Splash &amp; Tone-RSF <b>9am</b> Zumba Step-PA <b>10:15am</b> Barre-RSF <b>10:15am</b> Zumba Toning-PA <b>11:30am</b> Aqua Zumba-RSF <b>11:30am</b> Cardio Ballroom-PA <b>12:30pm</b> Intermediate Line Dance-RSF <b>12:45pm</b> Pilates-PA <b>1:30pm</b> Advanced Line Dance-RSF <b>2pm</b> Beginning Tai Chi-PA <b>2:30pm</b> Balance Training-RSF <b>3pm</b> Intermediate Tai Chi-PA <b>3:45pm-6pm</b> Table Tennis (Open Play)-RSF <b>5pm-6:30pm</b> Open Lap Swimming-RSF <b>6:45pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> Body Sculpting-PA <b>9am</b> Aqua Zumba-RSF <b>9am</b> Body Alive-RSF <b>9:15am</b> Step Class-PA <b>10:30am</b> Core &amp; More-PA <b>10:30am</b> Breathe, Stretch &amp; Relax-RSF <b>10:30am</b> Swim Lessons Level 1-RSF** <b>11:15am</b> Swim Lessons Level 2-RSF** <b>11:45am</b> Gentle Joints-Zumba Gold Toning-RSF <b>11:45am</b> IGNITE! Cardio H.I.I.T. Party-PA <b>1pm</b> Zumba-PA <b>1pm</b> Zumba-RSF <b>2pm</b> Belly Dancing-PA <b>2pm</b> Joint Relief (Aqua)-RSF <b>3:15pm</b> Beg. Balance Training-PA <b>5pm-8:45pm</b> Water Volleyball (League Play)-RSF <b>6pm</b> Yoga-PA <b>7pm</b> Muscle Conditioning-RSF</p>	<p><b>8am</b> TRX Suspension Training-PA <b>8am</b> Walk &amp; Tone (Indoor Track)-RSF <b>9am</b> Boot Camp-PA <b>9am</b> Splash &amp; Tone-RSF <b>9am</b> Total Body Conditioning-RSF <b>10am</b> Swim Lessons Level 1-RSF** <b>10:15am</b> Breathe, Stretch &amp; Relax-RSF <b>10:15am</b> Yogabeat-PA <b>10:45am</b> Swim Lessons Level 2-RSF** <b>11:30am</b> Cardio Ballroom-PA <b>11:30am</b> Gentle Joints (Land Based)-RSF <b>11:30am</b> Splash &amp; Tone-RSF <b>1pm</b> Beginner Line Dance-PA <b>2pm</b> Ballroom Dancing (Beg.)(4/12-5/10)-PA* <b>2pm-4pm</b> Open Lap Swimming-RSF <b>2:30pm</b> Balance Training-RSF <b>3pm</b> Ballroom Dancing (Int.)(4/12-5/10)-PA* <b>4pm-6pm</b> Table Tennis (Open Play &amp; Instruction)-RSF <b>6pm</b> Hatha Yoga-PA <b>6:30pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> Foam Rolling-PA <b>8:30am</b> Body Alive-PA <b>9am</b> Aqua Fit-RSF <b>9am</b> Yoga Flow-RSF <b>9:30am</b> Yogabeat-PA <b>10am</b> Barre-RSF <b>10:30am</b> Zumba Combo-PA <b>11am</b> Tai Chi-RSF <b>12:30pm</b> Everybody Steps-RSF <b>3pm-5pm</b> Water Volleyball (League Play)-RSF</p>	<p><i>* Small fee for Ballroom classes. Please call 863-427-7130 for more information.</i></p> <p><i>** Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit swimfallc.fullslate.com</i></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Village Center Hours</b></p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer &amp; Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p>		<p><b>1</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:20am</b> SOB's Ride-PA <b>9am</b> Main Ticket Sales-ST <b>10am</b> Ceramics-CR <b>10am</b> Intermediate &amp; Advanced Watercolor-AR <b>10am</b> Pickleball Clinic-PA <b>10am</b> Solivita Dragon Boat Paddle Clinic-By Deck Boxes <b>10:30am</b> AHCC General Meeting-ST <b>1pm</b> Watercolor Class-AR <b>2pm</b> Bunco-RSF2 <b>4:30pm</b> Solivita Billiards-BL <b>5pm</b> SoulaVita Line Dancers-PA</p>	<p><b>2</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Chess Club-MSB <b>9am</b> Solivita Shuffleboard-FP <b>9:30am</b> Scarlet Chapeaux-MSA <b>10am</b> Beg. Watercolor-AR <b>10am</b> Wellness Lecture: Stem Cell-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>11:30am</b> Men's Softball Clinic-FP <b>1pm</b> AHCC Annual Golf Outing-SGC <b>2pm</b> Wellness Lecture: Vitamin D Deficiency &amp; Osteoporosis-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>4:15pm</b> CARAMVITA-RSF2 <b>6pm</b> Big Money Bingo-ST <b>6pm-9pm</b> Karaoke-MO</p>	<p><b>3</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>1pm</b> Stained Glass Class-AR <b>4:30pm</b> Solivita Billiards Club-BL <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: <i>Lady Bird</i>-ST</p>	<p><b>4</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9:30am-3:30pm</b> Farmers Market-FP <b>12pm</b> Oh Scrap!-CR <b>1pm</b> Beginner 3 Bridge Class-RSF2 <b>3pm-8pm</b> Bar Nights-MO</p>	<p><b>5</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>10:30am</b> Mahjong-MSB <b>12pm</b> CCFA Poker Club-MSA <b>12pm</b> Disney Cast Members Potluck Game Day &amp; Picnic-FP <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>6</b></p> <p><b>1pm</b> Solivita Singles Club-RSF2 <b>1:30pm</b> Solivita Dancing Diehards-RSF <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Cribbage Club-GTR</p>	<p><b>7</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9:30am-3:30pm</b> Farmers Market-FP <b>10am-1pm</b> Sam's Club Membership-ST Hallway <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>4:30pm</b> Solivita Billiards-BL <b>6:45pm</b> Ladies Poker-MSA <b>7pm</b> CERT-RSF2 <b>7pm-9pm</b> Trivia-MO</p>	<p><b>8</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:20am</b> SOB's Ride-PA <b>10am</b> Ceramics-CR <b>10am</b> Intermediate &amp; Advanced Watercolor-AR <b>10am</b> Pickleball Clinic-PA <b>10am</b> Solivita Dragon Boat Paddle Clinic-By Deck Boxes <b>10:30am</b> AHCC Executive Board Meeting-MSA <b>1pm</b> Solivita Dragon Boat Meeting-MO <b>3pm</b> Holistic Horizons-MSB <b>4:30pm</b> Solivita Billiards-BL <b>5pm</b> SoulaVita Line Dancers-PA <b>5:30pm-10pm</b> Stonegate Golf Club: Dinner &amp; Dancing-ST <b>7pm</b> BIHC-RSF2</p>	<p><b>9</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>8:30am-12pm</b> Skin Cancer Screening-RSF2 <b>9am</b> Chess Club-MSB <b>9am</b> Solivita Shuffleboard Club-FP <b>10am</b> Beg. Watercolor-AR <b>10am-1pm</b> Costco Membership-ST Hallway <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>2pm</b> Wellness Lecture: Manual Lymphatic Drainage-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm-9pm</b> Karaoke-MO</p>	<p><b>10</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>1pm</b> Stained Glass Class-AR <b>4:30pm</b> Solivita Billiards Club-BL <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: <i>The Shape of Water</i>-ST</p>	<p><b>11</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9:30am-3:30pm</b> Farmers Market-FP <b>11am</b> Mother's Day Mad Hatter Tea Party-PA <b>12pm</b> Oh Scrap!-CR <b>1pm</b> Beginner 3 Bridge Class-RSF2 <b>3pm-8pm</b> Bar Nights-MO</p>	<p><b>12</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9:15am</b> SOB's Couples Ride-MB <b>10:30am</b> Mahjong-MSB <b>12pm</b> CCFA Poker Club-MSA <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>13</b></p> <p><b>Mother's Day</b></p> <p><b>1:30pm</b> Newpicate Bridge Class-MSA <b>1:30pm</b> Solivita Dancing Diehards-RSF <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Cribbage Club-GTR</p>	<p><b>14</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9:30am-3:30pm</b> Farmers Market-FP <b>10am-1pm</b> BJ's Wholesale Club-ST Hallway <b>10am</b> Solivita Artisan Guild-AR <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>4:30pm</b> Solivita Billiards-BL <b>6:45pm</b> Ladies Poker-MSA <b>7pm</b> La Dolce Vita-RSF2 <b>7pm-9pm</b> Trivia-MO</p>	<p><b>15</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:20am</b> SOB's Ride-PA <b>10am</b> Ceramics-CR <b>10am</b> Intermediate &amp; Advanced Watercolor-AR <b>10am</b> Pickleball Clinic-PA <b>2pm</b> Bunco-RSF2 <b>4:30pm</b> Solivita Billiards-BL <b>5pm</b> SoulaVita Line Dancers-PA <b>6:30pm</b> Solivita Sorcerers-MSB <b>6:30pm</b> Solivita Travel-ST</p>	<p><b>16</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Chess Club-MSB <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Beg. Watercolor-AR <b>10am</b> Wellness Lecture: No Kidding - Understanding Kidney Stones-RSF2 <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>11:30am</b> Men's Softball Clinic-FP <b>2pm</b> Wellness Lecture: Golf-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm-9pm</b> Karaoke-MO</p>	<p><b>17</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>1pm</b> Stained Glass Class-AR <b>4:30pm</b> Solivita Billiards Club-BL <b>5pm</b> Dinner Before TUSK... Tribute to Fleetwood Mac Show-MO <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: <i>CANCELLED</i> <b>7pm</b> TUSK...Tribute to Fleetwood Mac Show-ST</p>	<p><b>18</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Floralawn Coffee Talk-GTR <b>9am</b> Mixed-Media Artworks-CR <b>9:30am-3:30pm</b> Farmers Market-FP <b>12pm</b> Oh Scrap!-CR <b>1pm</b> Beginner 3 Bridge Class-RSF2 <b>3pm-8pm</b> Bar Nights-MO</p>	<p><b>19</b></p> <p><b>Armed Forces Day</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>10:30am</b> Mahjong-MSB <b>12pm</b> CCFA Poker Club-MSA <b>12:30pm</b> Beginners Calligraphy-MG <b>12:30pm</b> Disney Cast Members Buca Di Beppo Lunch-Celebration</p>
<p><b>20</b></p> <p><b>1:30pm</b> Solivita Dancing Diehards-RSF <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Big Money Bingo-ST <b>6pm</b> Cribbage Club-GTR</p>	<p><b>21</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9:30am-3:30pm</b> Farmers Market-FP <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>4pm-7:30pm</b> Curbside Cuisine-FP <b>4pm</b> Solivita University: Literary Lecture - <i>Vanity Fair</i>-MO <b>4:30pm</b> Solivita Billiards-BL <b>6:30pm</b> AHCC Members Only Game Night-MSB <b>6:45pm</b> Ladies Poker-MSA <b>7pm-9pm</b> Trivia-MO</p>	<p><b>22</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:20am</b> SOB's Ride-PA <b>10am</b> Ceramics-CR <b>10am</b> Intermediate &amp; Advanced Watercolor-AR <b>10:30am</b> AHCC Executive Board Meeting-MSA <b>3pm</b> Holistic Horizons-MSB <b>4:30pm</b> Solivita Billiards-BL <b>5pm</b> SoulaVita Line Dancers-PA <b>7pm</b> Solivita Older Bikers Meeting-MSB</p>	<p><b>23</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Chess Club-MSB <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Beg. Watercolor-AR <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>2pm</b> Wellness Lecture: Glaucoma-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm-9pm</b> Karaoke-MO</p>	<p><b>24</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>1pm</b> Stained Glass Class-AR <b>2pm</b> AHCC Page Turners-RSF2 <b>4:30pm</b> Solivita Billiards Club-BL <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: <i>I, Tonya</i>-ST</p>	<p><b>25</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Mixed-Media Artworks-CR <b>9:30am-3:30pm</b> Farmers Market-FP <b>11am-2pm</b> Parrothead Pool Party-RSF Pool <b>12pm</b> Oh Scrap!-CR</p>	<p><b>26</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8am</b> Solivita Cyclists-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>9:15am</b> SOB's Couples Ride-MB <b>10:30am</b> Mahjong-MSB <b>12pm</b> CCFA Poker Club-MSA <b>5pm-8pm</b> Stonegate Golf Club: BBC Jazz Trio &amp; Dinner-MO <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>27</b></p> <p><b>12pm-4pm</b> Stonegate Golf Club: Sunday Funday-PA <b>1:30pm</b> Newpicate Bridge Class-MSA <b>1:30pm</b> Solivita Dancing Diehards-RSF <b>2pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> AHCC White Dance-ST <b>6pm</b> Cribbage Club-GTR</p>	<p><b>28</b></p> <p><b>Memorial Day Administration &amp; Lifestyles Closed</b></p> <p><b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Solivita Shuffleboard-FP <b>9:30am-3:30pm</b> Farmers Market-FP <b>1pm</b> Solivita Bridge Club Duplicate Bridge-MSB <b>4:30pm</b> Solivita Billiards-BL <b>6:45pm</b> Ladies Poker-MSA <b>7pm-9pm</b> Trivia-MO</p>	<p><b>29</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:20am</b> SOB's Ride-PA <b>8:30am</b> Newsletter Assembly-ST <b>10am</b> Ceramics-CR <b>10am</b> Intermediate &amp; Advanced Watercolor-AR <b>4:30pm</b> Solivita Billiards-BL <b>5pm</b> SoulaVita Line Dancers-PA</p>	<p><b>30</b></p> <p><b>8am</b> Solivita Cyclists-FP <b>8:30am</b> Bocce Boyz-Girlz-FP <b>9am</b> Chess Club-MSB <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Beg. Watercolor-AR <b>10am</b> Yarners-MSB <b>11am</b> Sculpture-CR <b>2pm</b> Wellness Lecture: Allergies-RSF2 <b>4pm, 5pm &amp; 6pm</b> Greeting Cards-CR <b>6pm-9pm</b> Karaoke-MO <b>7pm</b> Shalom Club-ST</p>	<p><b>31</b></p> <p><b>8am</b> Horseshoes Club-FP <b>8:30am</b> SOB's Long Ride-MB <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>1pm</b> Stained Glass Class-AR <b>1pm</b> Talk N' Chill: Hurricane Preparedness with Polk County Fire Rescue-ST <b>4:30pm</b> Solivita Billiards Club-BL <b>6:30pm</b> Pinochle-MSB <b>7pm</b> Movie Night: <i>Jumanji: Welcome to the Jungle</i>-ST</p>	<p><b>Room Legend</b></p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library LV Lago Vista Amenity Center MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room</p>	<p><b>Room Legend Cont.</b></p> <p>MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (R2R) Resource Center RSF Riviera Spa &amp; Fitness Center RSF2 Riviera Spa &amp; Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion</p>